

Humility is not a likable word, is it? It is not easy to experience, but it is an underlying theme in our readings today and a call to grow in our discipleship.

“Those who exalt themselves will be humbled, and the humbled will be exalted.” Being humble is knowing who you really are. It is about being able to stand firmly, securely in the truth of your life. Jesus calls us to that in today’s gospel. No vying for seats of honor. No saying my life is better than yours. If you know yourself well you don’t need to puff yourself up...you can walk around confident, not confused. You don’t need to shine in someone else’s eyes.

Today we might reflect on a time when we felt humbled, when we emptied ourselves of a false belief and surrendered to the truth of a situation or another’s way of looking at life.

Perhaps it was at a time of loss, of a loved one or a job, or when we realized we were no longer able to do something that had once come easily. How do our experiences of humility allow us to grow into our deepest truest selves?

Today, let us pray with and for one another that we may live as a humble people, realizing that our true worth is being a clear reflection of God’s love for others.