

Imagine Jesus walking into this church and saying to you:

You are the light of the world. Yes, you are the light of the world.

It is not easy to receive these words. No, not me! No, I am not worthy, I am afraid, I....

But you are the light of the world every time you offer someone a sincere thank you for their service: a family member, a friend, a coworker, a stranger.

Or you put someone first - or let someone go ahead of you at the supermarket, or on the road

Or you bite your tongue instead of making an angry or ugly remark...

Yes you let your light shine....

Then, Jesus said you are the salt of the earth....salt brings out the flavor of foods. The flavor is there it just needs some inviting out....

Have you affirmed someone's talent or kindness.....or seen the good in someone who otherwise is a little difficult to get along with....And told them?

Did you refrain from joining the negative talk about another ....and mention something positive about them instead?

Yes you are the salt of the earth....

This week, bring the light and the salt into your everyday life. And watch the response. Others are the light of the world too and they just might shine God's light on you.