

Call to Worship, Body of Christ, Cycle B

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Today we celebrate the feast of the Body and Blood of Christ. In a sense we celebrate this feast at every Eucharist.

BUT imagine what it was like for those gathered with Jesus, hearing these words for the first time... wondering, "Did I hear that correctly? ... What does that mean?.....Then Jesus said, "Do this in memory of me...."

Today during the Eucharistic Prayer, hear these words as if you were hearing them for the first time. Hear them anew. This is my body...breathe it in....this is my blood...a gift of life....Let yourself be nourished. Let yourself become more and more, The Body of Christ. For that is who you are.

And when you leave here today, you can do this "in memory of Jesus"...you can be the Body of Christ in your everyday encounters....

By welcoming someone to your circle of friends –someone new to your neighborhood or workplace...Welcome someone to your heart who is so very different than you are....Reach out to those who live alone and those who are grieving....Live the love that Jesus has poured into you. Be kind.

Opportunities to be the Body of Christ in action are all around us.

Today may we be The Body of Christ with and for one another.
May we offer to others what we receive and celebrate here in this holy place each and every week....